# Holiday Road Trip Tips

When jaunting out for this year's holiday road trip, there are a few things you may want to consider.

### Check Your Vehicle

Everyone should be getting regular maintenance on their vehicle, however, when traveling in variable weather perhaps in other areas of the country, you must prepare for the unexpected. Carrying things like an ice scraper, a spare tire, jumper cables and a flashlight can be crucial to have when on a road trip. Even extra gas, food and water are good ideas if your road trip travels are taking you through remote areas.

#### Check the Weather

You might be in a hurry to hit the road and forget an all-important aspect of planning your trip, the weather. Weather can often be unpredictable and change quickly. We know forecasters are often wrong in their weather reports, so even if you checked the night before, check again before you get your tires rolling to make sure there are no hazards, road closures or extreme weather expected on your planned route.

#### **Check Yourself**

Be sure you have gotten plenty of sleep, a good meal and have not had any alcohol or medicines that might prevent you from being on your A-Game. You want to ensure that you have the best reaction time possible while driving.

## **Remove Distractions**

We all love a classic road trip music montage, but if you are flipping stations, designate someone other than the driver as the DJ to help make sure the driver can maintain their full concentration on driving. Don't use cell phones while driving and keep in mind some states have stricter laws regarding their use while in the car, so know the rules to avoid any traffic violations. The kids should be in the back, and if you have any distraction by the kids playing or fighting, it's always safer to first pull over, then address the problem.

## Stop Frequently

Drivers need to keep 100% of their attention on the road. Taking a break helps limit the distractions such as being hungry, needing to use the bathroom or dealing with unruly kids. Frequent stops help your body, by allowing you to stretch your limbs, and your mind, which can sometimes be subject to the issue of driver drowsiness.

## Come See Us

Regardless of where you are headed this holiday season, we wish everyone safe travels and hope you found these tips helpful. We invite you to stop into Creek Travel Plaza in Atmore for all your travel needs.



